

NMSVH

Apr 10, 2017 thru Apr 28, 2017

Base Menu Spreadsheet

DINNER K-12

Portion Values - Detailed

Page 1

Generated on: 3/22/2017 12:48:50 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/10/2017																
DINNER K-12	Total	10														
CHICKEN FRIED STEAK	1 - 4oz. S TEAK	10	357	98	637	0.40	3.01	34.6	73	0.04	*1	25.99	11.45	22.21	7.17	*0.05
MASHED POTATOES,IDAHO, 1 /3 CUP	.33 cup	10	28	0	112	0.36	0.13	8.0	37	1.28	*N/A*	0.71	6.05	0.36	0.00	*0.00
GRAVY MIX, COUNTRY,.25 CUP	.25 CUP	10	43	0	276	0.00	0.35	1.1	0	0.0	*N/A*	0.0	5.67	1.89	0.94	*0.00
CARROTS, SPICY MAPLE RST 1/3 C	1/3 CUP	10	60	0	246	2.14	0.25	28.8	12740	4.52	*2	0.71	9.53	2.44	0.34	*0.00
ROLL, HONEY WHEAT, 2 OZ./5 7g/S	ROLL	10	139	0	239	2.98	1.43	19.9	0	0.0	*N/A*	4.97	26.86	1.99	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			736	100	1602	7.42	5.45	255.5	13221	22.77	*8	36.89	81.71	29.02	8.49	*0.05
% of Calories											*4.1%	20.0%	44.4%	35.5%	10.4%	*0.1%
Nutrient Guideline			785		1000	8.67	4.23	370.45	1426	17.42		14.56		<=30.0	<10.00	

Tue - 04/11/2017																
DINNER K-12	Total	10														
BEAR BURGER, 80/10, 2 OZ	1 EACH	5	306	64	226	*0.00	2.98	27.6	0	0.0	*N/A*	22.75	25.0	13.1	4.36	*N/A*
HOT DOG ON A BUN:turkey hot	SERVING	5	258	61	979	*0.00	2.48	80.1	0	0.0	*N/A*	13.1	25.84	12.04	3.34	*N/A*
TATER TOTS,ROUNDS: 1/2 CU P/8ea	1/2 CUP	10	122	0	251	1.52	0.55	0.0	8	2.74	*N/A*	1.52	15.24	6.1	1.52	0.00
BAKED BEANS (VEGETARIAN)	SERVINGS	10	159	0	532	6.99	0.85	86.0	360	7.79	*N/A*	6.77	35.98	0.64	0.16	*N/A*
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			672	65	1478	*10.05	4.41	302.9	738	27.47	*4	30.71	98.79	19.44	5.57	*0.00
% of Calories											*2.7%	18.3%	58.8%	26.0%	7.5%	*0.0%
Nutrient Guideline			785		1000	8.67	4.23	370.45	1426	17.42		14.56		<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

NMSVH

Apr 10, 2017 thru Apr 28, 2017

Base Menu Spreadsheet

DINNER K-12

Portion Values - Detailed

Page 2

Generated on: 3/22/2017 12:48:50 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 04/12/2017																
DINNER K-12	Total	10														
NACHOS W/GROUND BEEF-3oz,90-10	3 OZ	10	92	12	164	0.73	0.54	115.8	323	0.17	*1	6.12	7.59	4.41	1.66	*0.00
SOUR CREAM	1 TBSP	10	58	15	59	0.00	0.16	38.5	231	0.24	*0	1.83	2.05	4.98	3.02	*0.00
CUCUMBER,RAW .25CUP	.25 CUP	10	4	0	1	0.21	0.07	4.2	21	0.95	0	0.18	0.64	0.05	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			261	30	317	2.48	1.05	321.5	946	18.30	*6	12.62	32.43	9.57	4.72	*0.00
% of Calories											*9.7%	19.3%	49.6%	33.0%	16.2%	*0.0%
Nutrient Guideline			785		1000	8.67	4.23	370.45	1426	17.42		14.56		<=30.0	<10.00	

Thu - 04/13/2017																
DINNER K-12	Total	10														
FISH NUGGETS	4 Pcs.	10	260	40	910	1.00	1.80	20.0	*N/A*	2.4	*N/A*	16.0	21.0	13.0	2.00	*N/A*
FRENCH FRIES: oven 1/2 C	1/2 CUP	10	50	0	67	0.80	0.31	2.0	0	2.53	*N/A*	0.79	7.8	1.89	0.32	*N/A*
COLESLAW, CREAMY, 1/3 CUP	1/3 CUP	10	55	2	76	1.65	0.36	26.3	916	19.41	*6	0.8	9.12	2.05	0.24	*0.00
TARTAR SAUCE	2 TBSP	10	63	8	246	0.40	0.36	5.0	63	0.4	*N/A*	0.23	7.94	3.59	0.58	*N/A*
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			537	53	1391	5.39	3.11	216.4	*1349	41.67	*11	22.32	68.00	20.66	3.17	*0.00
% of Calories											*8.1%	16.6%	50.7%	34.6%	5.3%	*0.0%
Nutrient Guideline			785		1000	8.67	4.23	370.45	1426	17.42		14.56		<=30.0	<10.00	

Fri - 04/14/2017																
DINNER K-12	Total	1														
BLANK	1 EACH	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
% of Calories												*N/A%*	*N/A%*	*N/A%*	*N/A%*	*N/A%*
Nutrient Guideline			785		1000	8.67	4.23	370.45	1426	17.42		14.56		<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

NMSVH

Apr 10, 2017 thru Apr 28, 2017

Base Menu Spreadsheet

DINNER K-12

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 04/18/2017																
DINNER K-12	Total	10														
FRITO PIE WITH GROUND BEEF	SERVINGS	10	334	51	615	1.21	1.80	246.9	928	0.2	*0	19.73	20.01	20.5	7.30	*0.00
SOUR CREAM	1 TBSP	10	58	15	59	0.00	0.16	38.5	231	0.24	*0	1.83	2.05	4.98	3.02	*0.00
MEXICALI CORN, 1/3 Cup	1/3 Cup	10	51	0	142	1.48	0.24	3.6	121	6.6	*3	1.6	9.96	1.38	0.28	*0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			551	69	909	4.23	2.48	452.1	1651	23.97	*8	27.65	54.15	26.99	10.64	*0.00
% of Calories											*5.6%	20.1%	39.3%	44.0%	17.4%	*0.0%
Nutrient Guideline			785		1000	8.67	4.23	370.45	1426	17.42		14.56		<=30.0	<10.00	

Wed - 04/19/2017																
DINNER K-12	Total	10														
PIZZA, 4-CHEESE, SLICE	SLICE	5	350	25	830	2.00	*N/A*	*N/A*	*N/A*	0.0	*N/A*	17.0	44.0	12.0	6.00	0.00
BROCCOLI: Seasoned .25 CUP	.25 CUP	5	13	0	5	1.38	0.28	15.2	465	18.45	1	1.43	2.46	0.06	0.01	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			290	15	510	3.23	*0.43	*170.7	*603	26.16	*5	13.71	45.38	6.16	3.04	0.00
% of Calories											*6.6%	18.9%	62.6%	19.1%	9.4%	0.0%
Nutrient Guideline			785		1000	8.67	4.23	370.45	1426	17.42		14.56		<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

NMSVH

Apr 10, 2017 thru Apr 28, 2017

Base Menu Spreadsheet

DINNER K-12

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/20/2017																
DINNER K-12	Total	15														
ROAST BEEF, HOT, 2-oz M/MA	2-OZ SE R Ving	10	105	45	23	0.00	1.64	2.0	0	0.0	0	17.88	0.0	3.17	1.13	*0.00
MASHED POTATOES, IDAHO, 1/3 CUP	.33 cup	10	28	0	112	0.36	0.13	8.0	37	1.28	*N/A*	0.71	6.05	0.36	0.00	*0.00
GRAVY, BROWN, CONESTOG A .25cup	.25 CUP	10	16	0	338	0.00	0.00	1.3	0	0.0	*0	0.0	3.25	0.0	0.00	*0.00
PEAS & CARROTS, 1/3 Cup	1/3 CUP	10	58	0	92	3.47	0.42	23.1	2888	6.93	*N/A*	3.47	10.4	0.0	0.00	0.00
ROLL, HONEY WHEAT, 2 OZ, /5 7g/S	ROLL	10	139	0	239	2.98	1.43	19.9	0	0.0	*N/A*	4.97	26.86	1.99	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM, CHOCOLATE Vit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			303	32	597	5.56	2.61	144.9	2197	16.77	*3 *3.9%	21.02 27.7%	45.81 60.4%	3.76 11.2%	0.78 2.3%	*0.00 *0.0%
Nutrient Guideline			785		1000	8.67	4.23	370.45	1426	17.42		14.56		<=30.0	<10.00	

Fri - 04/21/2017																
DINNER K-12	Total	1														
BLANK	1 EACH	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average % of Calories			*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Nutrient Guideline			785		1000	8.67	4.23	370.45	1426	17.42		14.56		<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/24/2017																
DINNER K-12	Total	10														
CHICKEN STRIPS, BRD-2 PIECES	2 PIECE	10	260	40	1210	0.00	2.88	60.0	100	2.4	*N/A*	15.25	28.0	8.0	1.00	*N/A*
MASHED POTATOES, IDAHO, 1 /3 CUP	.33 cup	10	28	0	112	0.36	0.13	8.0	37	1.28	*N/A*	0.71	6.05	0.36	0.00	*0.00
GRAVY MIX, COUNTRY, .125 CUP	.125 CUP	10	21	0	138	0.00	0.17	0.5	0	0.0	*N/A*	0.0	2.83	0.94	0.47	*0.00
CALIFORNIA VEG. BLEND 1/4 Cup	1/4 Cup	10	10	*N/A*	8	0.67	0.12	6.7	1006	10.06	*N/A*	0.67	1.68	*N/A*	*N/A*	*N/A*
TOAST, WW, 1.4 oz, SLICE	SLICE	10	90	0	170	2.00	0.72	0.0	0	0.0	*N/A*	5.0	15.0	2.0	0.00	0.00
ICE CREAM CUP VARIETY	1 CUP	10	127	25	50	*0.00	*0.12	80.0	*133	*0.0	*N/A*	2.0	15.33	6.0	4.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM, CHOCOLATE VIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			645	*68	1780	*4.56	*4.43	318.3	*1647	*30.68	*4	28.13	91.05	*17.43	*5.51	*0.00
% of Calories											*2.8%	17.4%	56.5%	*24.3%	*7.7%	*0.0%
Nutrient Guideline			785		1000	8.67	4.23	370.45	1426	17.42		14.56		<=30.0	<10.00	

Tue - 04/25/2017																
DINNER K-12	Total	10														
BEEF & BROCCOLI STIR-FRY	1 CUP	10	212	*64	571	*2.59	*2.38	*28.6	*627	*42.56	*0	23.28	*7.66	9.59	*2.11	*0.24
FRIED RICE-1/3 Cup	1/3 CUP	10	303	64	186	1.54	3.58	35.6	1201	1.62	*1	8.08	59.21	2.92	0.79	*0.01
STIR FRY VEGETABLES, 1/3 CUP	1/3 CUP	10	22	0	18	1.78	1.78	1.8	*N/A*	*N/A*	*N/A*	0.89	4.45	0.0	0.00	*N/A*
EGG ROLL, Pork&Vegetable	ROLL 1/2	10	180	15	450	2.00	1.08	20.0	500	1.2	*N/A*	7.0	19.0	9.0	2.00	0.00
FORTUNE COOKIE	1 EACH	10	30	0	2	0.13	0.12	1.0	0	0.0	4	0.34	6.72	0.22	0.05	*N/A*
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM, CHOCOLATE VIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			857	*146	1320	*9.58	*9.22	*250.0	*2699	*62.32	*9	44.08	*119.19	21.85	*4.98	*0.25
% of Calories											*4.2%	20.6%	*55.7%	23.0%	*5.2%	*0.3%
Nutrient Guideline			785		1000	8.67	4.23	370.45	1426	17.42		14.56		<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

NMSVH

Apr 10, 2017 thru Apr 28, 2017

Base Menu Spreadsheet

DINNER K-12

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 04/26/2017																
DINNER K-12	Total	10														
GRILLED HAM/CHEESE 2 oz m/ma	sandwich	10	322	*46	1209	*2.82	*2.47	*241.2	309	*1.6	*3	*17.74	*30.58	14.17	6.98	*0.05
SOUP, CHICKEN NOODLE, SEL ECT HA	.5 CUP	10	90	20	480	1.00	0.36	20.0	500	0.0	*N/A*	7.0	11.0	1.5	0.50	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM, CHOCOLATE Vit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			521	*69	1781	*5.36	*3.11	*424.3	1180	*18.53	*8	*29.23	*63.73	15.80	7.52	*0.05
% of Calories											*6.1%	*22.4%	*48.9%	27.3%	13.0%	*0.1%
Nutrient Guideline			785		1000	8.67	4.23	370.45	1426	17.42		14.56		<=30.0	<10.00	

Thu - 04/27/2017																
DINNER K-12	Total	10														
BBQ CHICKEN FLAT BREAD PIZZA	SERVING	10	167	53	470	0.56	0.91	110.5	373	13.08	*0	17.84	13.01	5.16	2.67	*0.00
JICAMA, SLICES, .25 CUP	.25 CUP	1	11	0	1	1.00	0.18	0.0	0	6.0	*N/A*	0.25	2.75	0.0	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM, CHOCOLATE Vit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			277	55	562	2.20	1.21	273.6	743	30.62	*5	22.37	35.43	5.30	2.71	*0.00
% of Calories											*6.9%	32.3%	51.1%	17.2%	8.8%	*0.0%
Nutrient Guideline			785		1000	8.67	4.23	370.45	1426	17.42		14.56		<=30.0	<10.00	

Fri - 04/28/2017																
DINNER K-12	Total	1														
BLANK	1 EACH	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
% of Calories											*N/A%*	*N/A%*	*N/A%*	*N/A%*	*N/A%*	*N/A%*
Nutrient Guideline			785		1000	8.67	4.23	370.45	1426	17.42		14.56		<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

NMSVH

Apr 10, 2017 thru Apr 28, 2017

Base Menu Spreadsheet

DINNER K-12

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Average			403	*50	874	*4.08	*2.47	*223.4	*1926	*22.59	*5	*20.41	*52.33	*12.36	*3.87	*N/A*
						*10.8%	*20.2%	*51.9%	*27.6%	*8.6%						

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	403		785	51%		382		Correction Required - Calories are Low
Cholesterol (mg)	50				Missing			
Sodium (mg)	874		1000					
Fiber (g)	4.08		8.67	47%	Missing	4.59		Correction Required - Fiber is Low
Iron (mg)	2.47		4.23	58%	Missing	1.77		Correction Required - Iron is Low
Calcium (mg)	223.4		370.45	60%	Missing	147.07		Correction Required - Calcium is Low
Vitamin A (IU)	1926		1426	135%	Missing			
Sugars (g)	5	4.81%			Missing			
Vitamin C (mg)	22.59		17.42	130%	Missing			
Protein (g)	20.41	20.24%	14.56	140%	Missing			
Carbohydrate (g)	52.33	51.89%			Missing			
Total Fat (g)	12.36	27.57%	<=30.00%		Missing			
Saturated Fat (g)	3.87	8.62%	<10.00%		Missing			
Trans Fat ¹ (g)	*N/A*				Missing			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.